



AICTE SPONSORED (ATAL)

FIVE DAY FDP

ON EMOTIONAL INTELLIGENCE

(ONLINE MODE)

2020

**ORGANIZED
AT**

INDIAN INSTITUTE OF INFORMATION TECHNOLOGY,
PRAYAGRAJ

(AN EVENT UNDER IIIT-A BEYOND 20 BY 2020)

DATE

13-09-2020 to 17-09-2020

Course Co-ordinator

Dr. Pragya Singh,
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Introduction

Emotional intelligence (otherwise known as emotional quotient or EQ) is the ability to understand, use, and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict.

It is the capability of individuals to recognize their own emotions and those of others, discern between different feelings and label them appropriately, use emotional information to guide thinking and behavior, and manage and/or adjust emotions to adapt to environments or achieve one's goal.

It is one of the booming topics in the field of Life Skill Management.



Chief Patron



Prof. P. Nagabhushan
Director, IIITA
B.E., M.Tech., Ph.D., FIE, FIETE

Distinguished Speakers



Prof. K. Chidananda Gowda
Former Vice-Chancellor,
Kuvempu University, Karnataka



Prof. Uma Shanker Tiwary
Dean Human Affairs , IIITA
Ph.D.



Prof. Rajbir Singh
Professor , Behavioural Sciences
Shree Guru Gobind Singh
Tricentenary University



Prof. Sudhir Chandra Das
Professor of OB & HR,
Department of Commerce,
Banaras Hindu University, Varanasi

** Speakers are subject to change according to the availability.



Prof. Ashutosh Singh

Professor of OB & HR,
Govind Ballabh Pant University
Of Agriculture & Technology



Dr. Banani Chakraborty

DNA Scientist
Department of Chemical Engineering,
IISc Bangalore



Dr. Subinoy Das

Assistant Professor, Astrophysicist
Indian Institute of Astrophysics,
Bangalore



Dr. Shefali Nandan

Assistant Professor, MONIRBA
University Of Allahabad



Dr. Pragya Singh

Asst. Professor,
Department of Management Studies, IIITA

(COURSE COORDINATOR)



Objective Of Workshop

To have basic understanding of emotional intelligence

Understanding implementation of emotional intelligence in varied situations and environment.

Course Learning Outcomes

Enhancement of the emotional quotient which is quite important than IQ.

To think critically and strategically and to develop the ability to identify emotional steps and design appropriate courses of action.

Course Structure

- Introduction to EQ
- Emotions and the Tripartite Brain
- Emotional Competencies
- Executive EQ
- Emotions and Enneagram
- Rational Emotive Therapy
- Emotional Transformation
- Script Analysis using Enneagram
- Measuring Emotional Intelligence
- Role of Emotions
- Emotions and Attitudes



Schedule

COURSE COORDINATOR :-

Dr. Pragya Singh, Assistant Professor, IIIT Allahabad

DATES	10.00 AM to 11.30 AM	11.30 AM to 12.00 PM	12.00 PM to 1.30 PM	1.30 PM to 2.30 PM	2.30 PM to 4.00 PM
13-09-2020 (Sunday)	Registration & Inauguration	TEA BREAK	Introduction to Emotional Quotient	LUNCH BREAK	Emotions & Tripartite Brain
14-09-2020 (Monday)	Emotional Competencies and Mapping	TEA BREAK	Executive Emotional Quotient	LUNCH BREAK	Emotions & Enneagram
15-09-2020 (Tuesday)	Rational emotive therapy	TEA BREAK	Emotional transformation	LUNCH BREAK	Problem solving session
16-09-2020 (Wednesday)	Measuring emotional intelligence	TEA BREAK	Emotions and childhood	LUNCH BREAK	Role of emotions
17-09-2020 (Thursday)	Emotions & Attitudes	TEA BREAK	Emotions & Attitudes	LUNCH BREAK	Feedback & Valedictory Session



Who Can Attend ?

- *Faculty Members from all Academic Institutions.*
- *Industry Professionals*
- *Officers and Staff from all Academic Institutions.*
- *Research Scholars from all Academic Institutions.*
- *Students from all Academic Institutions.*



Registration

01.

Faculty Members from any Academic Institution can register through the link given below :

Link : <https://www.aicte-india.org/atal>

02.

Industry Professionals who are interested in attending the program are required to fill the form below.

03.

Officers , Staff , Research Scholars & Students from all Academic Institutions who are interested in attending the program are required to fill the form below.

Form : <https://forms.gle/u7ywZT5u9fm5iUmV9>

Registration: The registration to this program will be through online mode only.

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About IIIT-A

Established in 1999, as a center of excellence in Information Technology and allied areas. Institute was conferred the Deemed University status by Govt. of India in the year 2000.

The beautiful 100-acre campus, situated at Devghat, Jhalwa, designed meticulously on the Penrose Geometry pattern, is being further topped by fine landscaping to give an all-round soothing effect to create a stimulating learning environment for everyone.

